

TAKE OUT

MENU



1075 OLD COUNTRY ROAD
WESTBURY, NY 11590

T: 516.338.4994 • F: 516.280.5861

.....
WE DELIVER TO
YOUR HOME OR OFFICE
MONDAY - FRIDAY 5AM - 4PM
SATURDAY 5AM - 3PM
SUNDAY 6AM - 3PM



UBER



POSTMATES

ORDER ONLINE AT
WWW.BAGELSHOPONLINE.COM

OUR BAGELS ARE BAKED FRESH DAILY



BAGELS: ALWAYS A BAKER'S DOZEN...\$1.50 EA

- Plain
- Egg
- Multi-Grain
- Cinnamon Raisin
- Sesame
- Egg Onion
- Oat Bran
- French Toast
- Poppy
- Egg Everything
- Salt
- Rainbow
- Onion
- Whole Wheat
- Pumpkinnickel
- Bialys
- Garlic
- Whole Wheat Everything
- Blueberry
- Rolls

DZ BAGELS \$18.00 • FLAGELS -OR- TWISTS...\$2.50 EA • ASSORTED MINI BAGELS...\$.95 EA; DZ \$11.00
 • ROLL...\$1.25 EA • GLUTEN FREE BAGELS...\$3.75 EA • LOW CARB BAGELS...\$2.00 EA

SCHMEARS

..... BAGEL ..PER LB.
CREAM CHEESES
 Plain -or- Plain Lite\$3.25.....\$9.99
 Vegetable • Lite Veggie • Scallion
 Lite Scallion • Strawberry • Cinnamon Raisin
 Jalapeno • Olive.....\$3.99.....\$11.99
 Lox.....\$4.50.....\$13.99

ON A TWIST -OR- FLAGEL \$.50 EXTRA

BREAKFAST WRAPS

CHOOSE FROM THE FOLLOWING -OR- CREATE YOUR OWN

PLAIN • SPINACH • WHOLE WHEAT

- WRAP #1.....\$8.99**
2 sunny side up eggs, home fries, grilled onions & bbq sauce
- WRAP #2.....\$8.99**
2 eggs over easy, home fries, sausage, green/ red peppers, grilled onions & cheese
- WRAP #3.....\$8.99**
2 egg whites, spinach, mushroom & broccoli
- WRAP #4.....\$8.99**
2 scrambled eggs, spinach, bacon & tomatoes
- WRAP #5.....\$8.99**
2 eggs over easy, home fries, sausage, monterey jack cheese & salsa
- WRAP #6.....\$8.99**
3 egg whites, turkey & tomatoes
- WRAP #7.....\$8.99**
3 egg whites, mushrooms, grilled onions & cheddar cheese
- WRAP #8.....\$9.99**
3 egg whites, mushrooms, grilled onions & green/ red peppers
- WRAP #9.....\$9.99**
4 egg whites, turkey & spinach
- WRAP #10.....\$11.99**
4 egg whites, avocado, turkey, spinach & alpine lace swiss cheese

..... BAGEL ..PER LB.
SPREADS
 Butter.....\$2.75.....\$9.99
 Peanut Butter & Jelly.....\$4.75
 Nutella.....\$4.99
MINI WITH
 Butter.....\$2.00
 Cream Cheese.....\$2.25
 Flavored Cream Cheese.....\$2.75



HOT OATMEAL



12OZ..... \$3.99 • 16OZ.....\$4.99
 SERVED WITH YOUR CHOICE OF:
 Honey, Cinnamon, Milk, Raisins -or- Brown Sugar
EXTRAS
 Blueberries, Strawberries, Bananas
 Craisins -or- Chocolate Chips.....\$1.50 ea
 Sliced Almonds, Granola.....\$2.00 ea

OUR BAGELS ARE BAKED FRESH DAILY

BREAKFAST

FROM THE GRILL SERVED ALL DAY

ALL BREAKFAST INCLUDES
 SMALL COFFEE, TEA, MILK -or- JUICE

- ADD HASH BROWN PATTY \$2.00 EXTRA
- EGG ON A BAGEL -or- ROLL \$4.99**
with ham or bacon.....\$5.99
with turkey bacon or turkey sausage.....\$5.99
- 2 EGG ON A BAGEL -or- ROLL.....\$5.49**
with ham or bacon.....\$6.49
with turkey bacon or turkey sausage.....\$7.49
- 3 EGG ON A BAGEL -or- ROLL.....\$5.99**
with ham or bacon.....\$6.99
with turkey bacon or turkey sausage.....\$7.99
- HUNGRY MAN \$10.99**
3 eggs, 3 strips of bacon, 2 slices of ham, sausages & cheese on a roll
- GRAND SLAM..... \$13.99**
2 eggs, 2 pancakes, 2 strips of bacon, 2 slices of ham & sausage on a plate

ADD CHEESE TO ANY OF THE ABOVE FOR \$1.00



PANCAKES/FRENCH TOAST

- ADDITIONAL TOPPINGS \$1.50 EXTRA
 BLUEBERRIES • STRAWBERRIES
 BANANAS • CHOCOLATE CHIPS • OREOS
- PANCAKES\$8.99**
 CHOCOLATE CHIP\$9.99
 OREO\$9.99
 NUTELLA, BANANA & GRANOLA... \$10.99
- CHALLAH FRENCH TOAST.....\$9.99**
 NUTELLA, BANANA & GRANOLA... \$11.99

AVOCADO TOAST

- CHOOSE FROM THE FOLLOWING -OR- CREATE YOUR OWN
MASHED AVOCADO ON YOUR CHOICE OF TOAST TOPPED WITH:
- SESAME SEEDS\$8.99**
- HARD BOILED EGG, SALT & PEPPER\$9.99**
- BACON, TOMATO SALT & PEPPER\$10.99**
- SMOKED SALMON, TOMATO & ONION\$13.99**

OMELETS

- SERVED WITH 12 OZ COFFEE OR JUICE
- 3 EGG/EGG WHITE OMELET\$7.99**
- CHEESE\$8.99**
your choice of cheese
- FARMERS\$9.99**
sausage, potatoes & cheese
- VEGETABLE\$9.99**
broccoli, mushrooms, peppers & onions
- SPANISH\$9.99**
tomatoes, peppers & cheese
- GREEK.....\$9.99**
sautéed onions, baby spinach & feta cheese
- WESTERN\$9.99**
ham, peppers & sautéed onions
- MEAT LOVER.....\$10.99**
sausage, bacon & ham
- HEALTHY WAY.....\$11.99**
3 egg white omelet with mixed vegetables
- WORKOUT SPECIAL.....\$11.99**
3 egg white, turkey, broccoli, onion & low-fat cheese
- L.E.O.\$13.99**
lox, eggs & onions

ADD HOME FRIES -OR- HASH BROWNS TO ANY OMELET \$2.00



BREAKFAST EXTRAS

- CHEESE, TOMATO -or- ONION\$1.00 EA
- ADDITIONAL EGG -or- HOME FRIES ON SANDWICH.....\$1.50 EA
- AVOCADO, HASH BROWN PATTY, CROISSANT\$2.50 EA
- BACON (5) -or- SAUSAGE (2 Patties)..\$4.99 EA
- TURKEY BACON (3) TURKEY SAUSAGE (2)..\$4.99
- FRENCH FRY PLATTER\$5.99
- HOME FRIES PLATTER\$3.99
- LOADED HOME FRIES\$7.99
- chopped crispy bacon & cheddar cheese
- CREAM CHEESE\$1.00
- BUTTER\$.50
- EGG WHITE SUBSTITUTES.....\$1.50

PRICES SUBJECT TO CHANGE WITHOUT NOTICE

SALES TAX NOT INCLUDED

BEVERAGES

16 OUNCE • 24 OUNCE • 36 OUNCE
Iced Coffee • Iced Decaf • Flavored Coffees
(Available in Regular or Decaf)
Iced Tea • Lemonade • Fruit Punch

12 OUNCE • 16 OUNCE • 20 OUNCE
Hot Coffee • Hot Decaf • Hot Flavored Coffees
(Available in Regular or Decaf) • Tea
French Vanilla Latte • Cappuccino • Hot Chocolate



FISH

SANDWICH .. PER 1/4 LB.
Nova Scotia Salmon \$12.99\$13.99
Belly \$12.99\$13.99
Baked Salmon \$12.99\$13.99
Whitefish \$12.95\$9.99



GOURMET SANDWICHES \$11.99

MAKE IT A HERO FOR \$2.50 MORE

ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF SIDE SALAD & A PICKLE
CHOOSE FROM THE FOLLOWING -OR-
CREATE YOUR OWN

THE ALL AMERICAN

ham, turkey, roast beef, american cheese, lettuce, tomato & mayo

THE CAJUN

cajun chicken, pepper jack cheese, grilled red peppers, lettuce & chipotle mayo

CHICKEN MELT

breaded chicken cutlet, bacon, lettuce, tomato and your choice of cheese

THE TUSCANY

grilled chicken, fresh mozzarella cheese, sun-dried tomato and lettuce with oil & vinegar

UB CLASSIC

buffalo style chicken, crumbled blue cheese, crispy bacon & bleu cheese dressing

FRUIT & SWEETS

FRUIT
Watermelon Bowl\$8.99
Mixed Fruit Bowl\$9.99
Strawberries, Red Grape Cup -or- Pineapple Cup
-or- Fruit Salad Cup \$3.99 ea

MUFFINS
Jumbo -or- Yogurt\$3.75 with butter \$4.25

YOGURT PARFAIT
Low-Fat Vanilla Yogurt with fresh fruit and granola.....\$5.99

SWEET TREATS
Ice Cream, Chocolate Pudding,
Rice Pudding -or- Jello \$3.99 ea
Topped with whipped cream
Croissants, Pastries, Brownies -or- Cookies..... \$3.99 ea
Cookies • Rainbow Cookies • Ladyfingers..... \$14.99 per lb

THE SORRENTO
marinated grilled chicken, fresh mozzarella cheese, sun-dried tomatoes, lettuce & pesto sauce

MONTE CRISTO
smoked turkey, cheddar cheese, sliced green apples & honey mustard

THE JUNIOR
cracked peppermill turkey, alpine lace swiss cheese, tomato, lettuce & chipotle mayo

THE OLD #29
cracked pepper turkey, bacon, swiss cheese, russian dressing & coleslaw

THE GRILLED CHICKEN BLT
grilled chicken, bacon, lettuce, tomato



SIGNATURE PANINIS

BUFFALO CHICKEN
crispy or grilled chicken in buffalo sauce, crumbled bleu cheese, lettuce & bleu cheese dressing

HAIL CAESAR
grilled chicken, mozzarella cheese, portabello mushrooms, sun-dried tomatoes & caesar dressing

CHICKEN PARM PANINI
chicken cutlet, melted mozzarella cheese & marinara sauce

EGGPLANT PARM PANINI
fried breaded eggplant, melted mozzarella cheese & marinara sauce

THE GREEK
marinated grilled chicken, feta cheese, sautéed onions, lettuce & cucumbers with yogurt sauce on the side

THE ITALIAN +\$2.00
ham cappy, genoa salami, pepperoni, provolone cheese, roasted pepper, lettuce, onions oil & vinegar

THE GARDEN
grilled eggplant, zucchini, portabello, mushrooms, fresh mozzarella cheese with pesto sauce

THE MEXICAN
cajun turkey, monterey jack cheese, jalapeno peppers, green peppers, tomatoes & basil pesto

THE CUBAN
fresh virginia ham, swiss cheese, pickles, roasted peppers & chipotle sauce

THE EGGPLANT LOVER
fried eggplant with roasted peppers and fresh mozzarella cheese

SIDE SALADS

Coleslaw, Potato Salad
Macaroni Salad\$7.99 per lb
Cucumber Salad\$9.99 per lb
Chickpea Salad • Carrot Raisin Salad
Greek Summer Salad • Cranberry Couscous
Israeli Salad \$9.99
Cucumber Mozzarella Salad
Antipasta Salad \$11.99
Mediterranean Salad..... \$11.99

SOUP

ASK ABOUT OUR DAILY SOUP SPECIALS!

..... **SMALL ... LARGE**
Chicken Noodle • Lentil \$5.75\$7.75

PANINIS \$11.99 AND WRAPS \$11.99

SERVED WITH YOUR CHOICE OF SIDE SALAD & A PICKLE
CHOOSE FROM THE FOLLOWING -OR- CREATE YOUR OWN
MAKE IT HERO FOR AN ADDITIONAL \$2.50

GOURMET WRAPS

PLAIN, SPINACH, WHOLE WHEAT, LOW CARB -or- LETTUCE ADDITIONAL \$1.50

THE CLUB
turkey, bacon, avocado, lettuce & tomato with mayonnaise & ranch dressing

THE BAGEL SHOP SPECIAL
roast beef, cheddar cheese, caramelized onions & horseradish sauce

THE COBB
oven roasted turkey, avocado, sliced hard boiled eggs, bacon, romaine & ranch dressing

TUNA SALAD
homemade tuna salad, american cheese, lettuce, tomato & onion

CHICKEN SALAD BLT WRAP
chicken salad, bacon, lettuce & tomato

THE VEGETARIAN
grilled eggplant, zucchini, portabello mushrooms, spinach, roasted red peppers, mozzarella cheese & balsamic vinaigrette on the side

CHICKEN CAESAR
grilled chicken, romaine lettuce, parmesan cheese & caesar dressing on the side

THE PORTOBELLO
portobello mushrooms, goat cheese, baby greens and balsamic vinaigrette

EXTRAS

Cheese, Tomato, Onion \$1.00 ea
Bacon \$2.00 ea
Caramelized Onions..... \$2.00
Fresh Mozzarella..... \$2.00
Avocado \$2.00



ASK ABOUT OUR DAILY HOT SPECIALS

OFF THE SLICER

WE PROUDLY CARRY SELECT BOAR'S HEAD COLD CUTS & CHEESES SANDWICH... PER LB.

BOLOGNA.....	\$8.99	\$9.99
ROAST BEEF.....	\$9.99	\$14.99
HAM.....	\$9.99	\$14.99
GRILLED CHICKEN BREAST.....	\$9.99	\$14.99
BUFFALO CHICKEN BREAST.....	\$9.99	\$14.99
CAJUN CHICKEN BREAST.....	\$9.99	\$14.99
CHICKEN CUTLET.....	\$9.99	\$14.99
HONEY MAPLE TURKEY.....	\$9.99	\$14.99
OVEN GOLD TURKEY.....	\$9.99	\$14.99
LOW SODIUM TURKEY.....	\$9.99	\$14.99

PASTRAMI.....	\$11.99	\$16.99
CORNERED BEEF.....	\$11.99	\$16.99
PEPPERONI.....	\$9.99	\$14.99
GENOA SALAMI.....	\$9.99	\$14.99
MORTADELLA.....	\$9.99	\$14.99
PROSCIUTTO.....	\$11.99	\$14.99
CAPPICOLA.....	\$9.99	\$14.99
GRILLED CHICKEN.....	\$9.99	\$12.99
BREADED CHICKEN CUTLET.....	\$9.99	\$12.99
CAJUN GRILLED CHICKEN.....	\$9.99	\$12.99
GOURMET CHEESE.....	\$8.99	\$10.99

American • Swiss • Alpine Lace • Muenster
Provolone • Mozzarella • Cheddar • Pepper Jack

FROM THE GRILL

BURGERS

ALL ITEMS FROM THE GRILL ARE SERVED WITH A PICKLE -or- FRENCH FRIES

HAMBURGER.....	\$9.99
CHEESEBURGER.....	\$10.99
BACON CHEESEBURGER.....	\$11.99
BACON EGG & CHEESEBURGER.....	\$12.99
ONION MUSHROOM SWISS BURGER.....	\$12.99
BLUE CHEESE BURGER.....	\$11.99
TURKEY BURGER.....	\$9.99
VEGGIE BURGER.....	\$9.99
TWIN BURGER DELUXE.....	\$14.99

(2) 8oz. hamburgers stacked with cheese, crisp lettuce & sliced tomato

FIRE BURGER.....	\$11.99
------------------	---------

jalapenos, pepperjack cheese & hot sauce

BBQ BURGER.....	\$12.99
-----------------	---------

BBQ sauce, cheddar cheese, onions & bacon

HOT DOGS (HEBREW NATIONAL)

INCLUDES SIDE SALAD -OR- FRENCH FRIES & PICKLE

HOT DOG.....	\$6.99
TWIN HOT DOG.....	\$9.99

FRIES, ETC.

FRENCH FRIES.....	\$5.99
CHEESE FRIES.....	\$6.99
BACON & CHEESE FRIES.....	\$7.99
FIRE FRIES.....	\$6.99

jalapenos, pepperjack cheese & hot sauce

ONION RINGS.....	\$6.99
BAG OF THE BAGEL SHOP'S BAGEL CHIPS.....	\$3.99

CLASSICS

ITEMS BELOW SERVED WITH FRENCH FRIES

CLASSIC RUBEN.....	\$13.99
--------------------	---------

corned beef, sauerkraut, swiss cheese & Russian dressing on grilled rye bread

THE NEW YORKER.....	\$13.99
---------------------	---------

pastrami and corned beef on rye bread w/ mustard

PAPA JOE'S PHILLY CHEESESTEAK.....	\$12.99
------------------------------------	---------

sliced steak, sautéed onions, mushrooms, peppers & melted mozzarella cheese on a toasted hero

STEAK TIDBITS..... ROLL \$13.99..... HERO \$18.99

marinated steak with melted mozzarella cheese

GRILLED CHICKEN HOAGIE.....	\$11.99
-----------------------------	---------

grilled chicken breast, mozzarella, peppers, onions & mushrooms on toasted garlic bread

GRILLED CHEESE.....	\$8.99
---------------------	--------

grilled American cheese sandwich on white, whole wheat or rye bread

ULTIMATE GRILLED CHEESE.....	\$10.99
------------------------------	---------

melted American cheese, bacon & tomato

INSIDE OUT GRILLED CHEESE.....	\$9.99
--------------------------------	--------

Everything bagel grilled inside out with melted American cheese & bacon

BLT.....	\$8.99
----------	--------

bacon, lettuce, tomato on white, whole wheat or rye bread

CALIFORNIA BLT.....	\$12.99
---------------------	---------

turkey, lettuce, tomato, avocado & bacon on whole wheat bread

PIZZA BAGEL.....	\$8.99
CHICKEN FINGERS.....	\$9.99
CHICKEN NUGGETS.....	\$8.99
SAUSAGE, PEPPERS & ONIONS HERO.....	\$9.99

jalapenos, pepperjack cheese & hot sauce

QUESADILLA.....	\$7.99
-----------------	--------

sautéed onions, peppers, melted cheddar & Monterey jack cheese, side of sour cream & salsa, served over rice

With Marinated Grilled Chicken.....ADD \$3.00
With Grilled Steak.....ADD \$4.00
With Grilled Shrimp.....ADD \$4.00

CHICKEN.....	\$9.99
--------------	--------

with grilled onions & peppers over rice

Grilled Steak -or- Grilled Shrimp-or- Shrimp Teriyaki...ADD \$4.00

ASK ABOUT OUR DAILY HOT SPECIALS

SALADS

GOURMET SALADS

TOSSED SALAD.....	\$8.99
-------------------	--------

lettuce, tomato, cucumber, onions, peppers & carrots

CLASSIC CHICKEN CAESAR SALAD.....	\$10.99
-----------------------------------	---------

grilled chicken, romaine lettuce, parmesan cheese & croutons

GREEK SALAD.....	\$9.99
------------------	--------

romaine lettuce, feta cheese, black olives, onions, tomato & cucumbers

MESCLUN SALAD.....	\$9.99
--------------------	--------

walnuts, cranberries, crumbled blue cheese with raspberry vinaigrette

FRESH BABY SPINACH SALAD.....	\$9.99
-------------------------------	--------

baby spinach, mandarin oranges, sliced, mushrooms, bleu cheese with honey mustard dressing

HEALTH SALAD.....	\$11.99
-------------------	---------

romaine lettuce, cottage cheese, fruit salad, nuts & raisins

CHEF SALAD.....	\$11.99
-----------------	---------

tossed salad with ham, turkey, cheese & sliced hard boiled egg

COBB SALAD.....	\$11.99
-----------------	---------

lettuce with grilled chicken, chopped bacon, sliced hard boiled egg, onion, avocado & crumbled blue cheese

SOUTHWEST SALAD.....	\$11.99
----------------------	---------

Romaine lettuce, peppers, beans, corn, grilled chicken with cheddar & mozzarella cheese

POPEYE SALAD.....	\$11.99
-------------------	---------

Spinach, Grilled chicken, hard boiled egg, mushroom & bacon

SPECIALTY SALADS

ALL SANDWICH'S INCLUDE SIDE SALAD & A PICKLE

..... SANDWICH . PER LB.

EGG SALAD.....	\$8.99	\$9.99
EGG WHITE SPINACH SALAD....	\$9.99	\$10.99

TUNA SALAD

VEGGIE TUNA SALAD		
LOW-FAT TUNA SALAD		
HONEY MUSTARD TUNA SALAD		
APPLE CRANBERRY TUNA SALAD.....	\$9.99	\$15.99

CHICKEN SALAD

APPLE CRANBERRY CHICKEN SALAD		
LOW-FAT CHICKEN SALAD		
BALSAMIC GRILLED CHICKEN SALAD ..	\$9.99	\$12.99
SHRIMP SALAD • BAKED SALMON SALAD • WHITEFISH SALAD • SEAFOOD SALAD ..	\$12.95	\$24.99

SMALL.....\$9.99 • LARGE....\$11.99

CHOPPED SALAD BAR

Choose your

GREENS:

Iceberg Mesclun Spinach
 Romaine Kale

Choose your

DRESSING: ON THE SIDE MIXED IN

<input type="checkbox"/> Balsamic Vinaigrette	<input type="checkbox"/> Sesame Ginger
<input type="checkbox"/> Blue Cheese	<input type="checkbox"/> Thousand Island
<input type="checkbox"/> Caesar	<input type="checkbox"/> Fat Free Italian
<input type="checkbox"/> Greek	<input type="checkbox"/> Fat Free Tomato Basil
<input type="checkbox"/> Honey Mustard	<input type="checkbox"/> Fat Free Ranch
<input type="checkbox"/> Italian	<input type="checkbox"/> Fat Free Raspberry Vinaigrette
<input type="checkbox"/> Oil & Vinegar	
<input type="checkbox"/> Ranch	

Choose 5

5 TOSS-IN ITEMS:

\$1.00 FOR EACH ADDITIONAL ITEM OVER 5

<input type="checkbox"/> Almonds	<input type="checkbox"/> Feta Cheese
<input type="checkbox"/> Artichoke Hearts	<input type="checkbox"/> Goat Cheese
<input type="checkbox"/> Asparagus	<input type="checkbox"/> Green Olives
<input type="checkbox"/> Bacon	<input type="checkbox"/> Hard Boiled Eggs
<input type="checkbox"/> Beets	<input type="checkbox"/> Jalapeños
<input type="checkbox"/> Black Olives	<input type="checkbox"/> Kidney Beans
<input type="checkbox"/> Broccoli	<input type="checkbox"/> Mozzarella Cheese
<input type="checkbox"/> Carrots	<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Cashew Nuts	<input type="checkbox"/> Onions
<input type="checkbox"/> Celery	<input type="checkbox"/> Pepperoncini
<input type="checkbox"/> Cheddar Cheese	<input type="checkbox"/> Raisins
<input type="checkbox"/> Chick Peas	<input type="checkbox"/> Roasted Peppers
<input type="checkbox"/> Corn	<input type="checkbox"/> Scallions
<input type="checkbox"/> Cranberries	<input type="checkbox"/> Sun-Dried Tomatoes
<input type="checkbox"/> Croutons	<input type="checkbox"/> Sunflower Seeds
<input type="checkbox"/> Crumbled Blue Cheese	<input type="checkbox"/> Tomatoes
<input type="checkbox"/> Cucumbers	<input type="checkbox"/> Zucchini

EXTRAS

EXTRA.....	\$2.00 ea
------------	-----------

<input type="checkbox"/> Avocado	<input type="checkbox"/> Candied Walnuts
<input type="checkbox"/> Fresh Mozzarella	<input type="checkbox"/> Diced Turkey
<input type="checkbox"/> Grilled Portabello Mushroom	<input type="checkbox"/> Diced Ham

EXTRA.....	\$3.00 ea
------------	-----------

<input type="checkbox"/> Breaded Chicken Cutlet	<input type="checkbox"/> BBQ Chicken
<input type="checkbox"/> Grilled Chicken Cutlet	<input type="checkbox"/> Cajun Chicken
<input type="checkbox"/> Sliced Steak.....	\$5.99

ADD A SCOOP.....	\$3.99 ea
------------------	-----------

<input type="checkbox"/> Classic Tuna Salad	<input type="checkbox"/> Veggie Tuna Salad	
<input type="checkbox"/> Egg Salad	<input type="checkbox"/> Low-Fat Tuna Salad	
<input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Low-Fat Chicken Salad	
<input type="checkbox"/> Egg White Spinach	<input type="checkbox"/> Shrimp Salad....	\$4.99
<input type="checkbox"/> Seafood Salad.....	\$3.99	



SMOOTHIE BAR

We now carry you're favorite ice cream!

16oz ... \$8.99 • 24 oz ... \$9.99 • 32 oz ... \$10.99

SIGNATURE SMOOTHIES

BERRY FRESH

strawberries, blueberries, banana, agave, almond milk

MR. WONDERFUL

almond milk, shot of coffee, peanut butter, banana, chocolate whey protein powder, spinach & oats

SMOOTH MOVING

skim milk, spinach, kale, lemon, banana, avocado, coconut flakes, vanilla whey protein

PB&J

peanut butter, almond milk, blueberry, banana, raspberry, cinnamon

FUNKY MONKEY

mango, banana, peach, yogurt & almond milk

ACAI DETOX

acai berries, strawberry, apple, blueberry

AVOCADO MANGO

avocado, mango, yogurt, agave & milk

SUPER GREEN

spinach, kale, pineapple, mango

THE BAGEL SHOP

COLADA

banana, pineapple, coconut water

THE SUNRISE

yogurt, banana, mango, pineapple, vanilla whey protein, almond milk

CREATE YOUR OWN

Choose a **BASE:**

- Smoothie Yogurt
- Almond Milk

- Milk
- Orange Juice

Choose a **FRUIT:**

- Strawberry
- Mango

- Blueberry
- Pineapple
- Banana

Choose a **SWEETENER:**

- Honey
- Agave

Feeling HEALTHY:

- Romaine
- Kale
- Spinach

ADD-ON ITEMS.....+\$2.00 ea

Chia Seeds • Flax Seeds • Peanut Butter • Almond Butter • Granola • Coconut • PB2

Protein Powder+\$3.00

(Vanilla, Chocolate -or- Unflavored)

ACAI BOWLS

REGULAR (1 SCOOP).... \$9.99 • LARGE (2 SCOOPS) ... \$14.99 • ADDITIONAL SCOOPS\$3.99

Organic blend of acai berries, blueberries & strawberries. Topped with organic granola, fresh sliced bananas, blueberries, strawberries & shredded coconut.

EXTRA TOPPINGS \$1.00 EACH

Peanut Butter • Nutella • Mango • Kiwi • Pineapple
Walnuts • Chia Seeds • Hemp Seeds • Flax Seeds

ADD A BOX OF THE BAGEL SHOP'S BOX OF JOE TO ANY PACKAGE \$24.99

THE BAGEL NOSH

\$69.99

A Dozen Bagels & Flagels

Sliced & Displayed with an assortment of
Whipped Butter • Plain & Veggie Cream Cheese
Box of The Bagel Shop Signature Coffee
1/2 Gallon of Orange Juice
Includes Plates, Napkins, Knives, Cups, Milk & Sweeteners

**THE BAGEL SHOP OFFICE
BREAKFAST PARTY**

\$159.99

(2) Dozen Bagels & Flagels

Sliced & Displayed with Cream Cheese Platter
(Includes Plain, Vegetable, Scallion & Butter)
CHOICE OF: Fruit Platter or Muffin Platter,
Box of The Bagel Shop Signature Coffee,
(2) 1/2 Gallons of Orange Juice
Includes Plates, Napkins, Knives, Cups, Milk & Sweeteners

THE BAGEL SHOP BOXED LUNCH

\$15.99 P/P (10 PERSON MINIMUM)

Roast Beef • Ham & Cheese • Turkey
(Your choice of American, Cheddar -or- Swiss)

CHOICE OF SALAD:

Potato Salad • Macaroni Salad • Cucumber Salad

CHOICE OF DESSERT: Fruit Salad -or- Cookie

ADD TO YOUR LUNCH

BAG OF CHIPS.....\$1.99 P/P

BOTTLE OF WATER.....\$2.00 P/P

BOTTLE OF SODA OR

SNAPPLE ICED TEA\$2.75 P/P

Includes Pickle, Condiments, Napkins & Utensils

ASK ABOUT The Bagel Shop Burger Bar! Custom
delicious burgers for your event OR office party!

BEFORE PLACING YOUR ORDER, PLEASE INFORM US IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition. Management advises that food prepared here may contain or have come in contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish. Our customer's safety is of our utmost importance. Please do not take any unnecessary risks. Management cannot assure any cross contamination of these ingredients with your dish.